

ORGANISATIONAL DEVELOPMENT SUPPORT

Helping People & Organisations Thrive Together

WHO ARE WE?

Carver Coaching is a team of experienced organisational development and coaching professionals with a passion for leadership, culture, and change. We offer awardwinning support in organisational development, leadership arowth, and team effectiveness.

At our core are strong values honesty, compassion, and deep listening. We lead with integrity, curiosity, and courage, embracing innovation and accountability. With an open approach and a commitment to quality, we work purposefully to support organisations, challenge injustice, and drive meaningful change.

Our tailored coaching, mediation, and team interventions help organisations navigate change, build resilient cultures, and create lasting impact through empowered people.

partnered 28 teams We've tripled our team of Associate Coaches in just 12 months from

Number of professional coaches we've supported with CPD in 2025 (to date)

leaders have completed one of our development programmes since 2021 to our mailing list

growth achieved over the past four years (2021-2024)

people currently subscribe











OUR TEAM



Lisa Carver Executive Leadership Coach



Ollie Smedley Executive Leadership Coach



Jennifer Dootson Executive Leadership Coach



Ann-Marie Burbidge Executive Leadership Coach



Steve Foye Leadership Coach



Anthony Carver Coach & Global Communication Skills Consultant



Bethan Douglas Leadership Coach



Lynne Tapper Neorodiversity Coach



Hilda Barrett Executive Leadership Coach



Naheed Nazir Executive Leadership Coach



Katy Draper Executive Leadership Coach



Sarah Clein **Professional** Certified Coach



Rebecca Khanna Associate Certified Coach, PhD



Tracy Millett Leadership & Career Transition Coach



Andy Powell Executive Leadership Coach



Carmel Fell Executive Leadership Coach



Maria Richardson Executive Leadership Coach



Dr Karen Sankey GP & Therapeutic Coach









WHY ORGANISATIONS CHOOSE US

We work in true partnership with our clients — listening closely to your challenges and goals, offering practical, meaningful support that leads to achievable outcomes.

Our experienced coaches and organisational development experts guide teams and leaders through periods of change, helping to strengthen leadership capability, build highperforming and resilient cultures, and create lasting impact.

We're proud to have collaborated with several NHS organisations, as well as many of the UK's leading names in healthcare, industry, and local government.

Whether you're a large organisation or a small team, we offer tailored support to help you succeed.

































Sandwell and West Birmingham

NHS Trust



Ashford and St. Peter's Hospitals **NHS Foundation Trust**

Barnet, Enfield and Haringey 11/15 Mental Health NHS Trust









Berkshire and Surrey Pathology Services





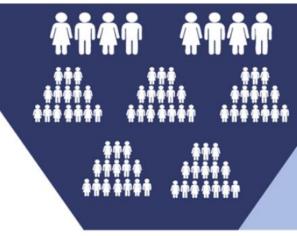




Our services help identify challenges, align leadership, strengthen team dynamics, and develop practical solutions together. We offer one-to-one coaching and group workshops focused on leadership, conflict resolution, values, performance, and resilience.

Ideal for organisations navigating change or seeking stronger collaboration, our structured process—from discovery to evaluation—drives lasting improvement

AREAS WE OFFER SUPPORT IN:



- Newly formed or restructured
- Culture change
- Conflict
- High Performance Team Development
- Exceptional pressure, New Challenges

- Workplace mediation
- Leadership development
- Psychometrics & Diagnostics
- Skills & Capability Development
- Away days

One-to-one coaching

KPI's, change, resilience, leading through others, wellbeing

Carver Coaching









We design and deliver tailored team interventions, ranging from a half-day session to a 12-month programme, shaped around your specific goals.

Whether you're navigating organisational change, forming new teams, or addressing conflict and underperformance, we create space for honest dialogue, deeper collaboration, and shared accountability.

Delivered virtually or in person, sessions can focus on outcomes such as improving performance, building trust, improving wellbeing, strengthening relationships, and aligning on purpose, roles, and goals.

We partner with HR and People teams to unlock team potential, even in high-pressure environments.

"The leaders that have participated in the workshop have tools that they can immediately start to use within their teams, and they feel comfortable and prepared to do this, because of the way the session was structured and delivered."

Karen Uttley, Deputy Chief People Officer, Ashford and St. Peter's Hospital NHS Foundation Trust

The Team Intervention Process

Identifying & Exploring Objective Connecting Assessment

Understanding challenges & exploring problems. **Dialogic Assessments**

Initial assessment & dialogic hypothesis

OD Intervention Process

Survey

Designing Intervention

Running Intervention

Survey

Reporting



Define success

measures & collecting

data (if appropriate)





Closing gaps, improving. This might involve working at a team or/and individual level







Critical reflection, evaluation with recommendations









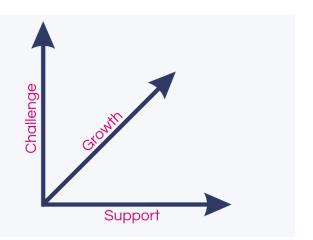


One-to-one executive coaching is a tailored and confidential program designed to help leaders strengthen their performance and navigate work-related challenges.

Typically delivered over six 90-minute sessions and spaced a month apart, it focuses on individual goals and leadership development.

The coaching encourages self-awareness, new habits, and practical action to boost both personal and team outcomes.

While each session is private, common themes across an organisation can be shared to support broader development.













From bite-sized two-hour workshops to immersive 12 month programmes, our learning experiences are tailored to your organisation's needs.

We take a coaching-led approach, facilitating reflection, discussion, and selfdiscovery rather than delivering passive instruction.

Learners are encouraged to explore their own experiences, challenge assumptions, and generate insight that sticks.

Our facilitators guide with open ended questions, enablina participants to take ownership of their development, build confidence, and apply learning to real-world challenges.

Here are 16 of our most popular topic areas, each one can be adapted, scaled, or combined to create a bespoke programme.

Learn more about these in-demand courses on the next pages

1. Building Strong Relationships in a **Digital World**

2. Coaching Skills for Leaders

3. Courageous & Difficult Conversations

4. Appraisal, Supervision & Career Conversations

5. Emotional Intelliaence & Self-Awareness

6. Conflict **Navigation &** Behavioural **Dynamics**

7. Wellbeing, Stress & Resilience

8. Motivation. **Belonging &** Retention

9. Psychological Safety & Trust Buildina

10. Team Coachina & Collective Leadership

11. Innovation & Change Leadership

12. Managing Up, **Across & Politics**

13. Strengths-Based Performance

14. Purpose, Values & Personal Power

15. New Manager **Foundations**

16. Communication **Essentials & Transactional Analysis**









Today's workplace has fewer natural client touchpoints, and digital communication has replaced much of the rapport that once built trust. This programme equips your people to rebuild confidence, deepen client conversations, and turn isolated transactions into lasting partnerships.

Through practical tools, coaching techniques, and live application to real client challenges, participants will:

- Strengthen listening and questioning skills
- · Learn strategies for trust and influence
- Build confidence to engage and hold meaningful conversations
- Create plans to grow key accounts and retain clients

Available as a one-day immersive workshop or modular series, with optional 1:1 coaching for key individuals.















COACHING SKILLS FOR LEADERS: UNLOCK POTENTIAL, DRIVE ENGAGEMENT, FUEL GROWTH

Equipping managers with coaching skills transforms how they lead and get the best from their teams. Across these four modules, managers build the mindset, motivation and practical skills to inspire and engage others. They learn how to unlock potential, support wellbeing and empower people to take ownership and solve problems. The result is improved productivity, lower staff turnover and stronger. more resilient team culture.

Creating a coaching culture drives collaboration, trust and innovation, giving your workforce the ability to adapt quickly and develop talent from within. Book this course to build confident, capable leaders who create a thriving, high-performing organisation.



FOUNDATIONS OF COACHING



MINDSET & MOTIVATION

Explore the neuroscience of behaviour and happiness, develop powerful questioning skills, deepen self-awareness, and use appreciative inquiry to help yourself and others thrive through challenges.



COACHING FOR TEAMS & CHANGE

Learn transactional analysis, problem-solving models, goal setting, and team culture tools. Practise empowering questions and learn to support individuals and teams



ADVANCED COACHING PRACTICE

Master difficult conversations. recognise subtle coaching signals, and support career growth. Embed bold, creative coaching techniques to strengthen trusted relationships and create lasting impact.











SUPPORTING ADVANCED COACH DEVELOPMENT

We host a supportive professional development group in partnership with the ICF, meeting every two months.

Each session explores a relevant coaching theme or model and includes facilitated networking to support your growth.

Open to ICF members, other professionals, and new coaches, this group offers a chance to learn, connect, share insights, and build meaningful relationships.

After each event, you will have the opportunity to apply for ICF CCEU points.

Recent topics include:

- Is Psychological Safety Enough in Coachina?
- An Unconference
- Finding Your Authentic Self & Sustaining Wellbeing
- Neurodiversity in Coaching
- Coaching for Resilience
- Lego: Creative Play with **Purpose**





ICF

"Surrey Coaches Network provides a supportive environment filled with ideas. motivation, and shared wisdom, offering space where creativity sparks and connections deepen.

New or established coaches alike benefit from rich development experiences and welcoming peers.

Uplifting, inclusive, and highly recommended."











WORKPLACE MEDIATION

Mediation provides a safe, structured way to resolve issues early and effectively.

Mediation is particularly effective when:

- working relationships have broken down or are under strain
- communication has become difficult or hostile
- there's been a disagreement about roles, responsibilities, or behaviour
- formal processes (e.g. grievance) procedures) feel too heavy-handed or adversarial
- you want to protect relationships and retain staff.

Mediation is voluntary, confidential, and led by an impartial mediator. It focuses on understanding and moving forward—not assigning blame.

With a success rate over 90%. mediation is a fast, cost-effective way to resolve conflict and rebuild relationships—less disruptive than formal HR processes. It also fosters a culture of early, proactive problem-solving.

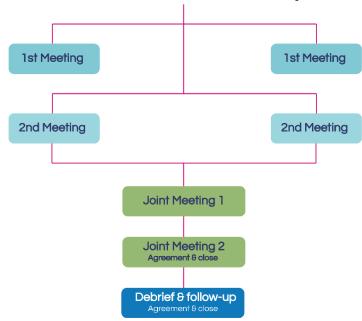
We follow the FAIR Mediation Model developed by TCM.

Referral

Preparation & securing a commitment to mediate

Individual confidential meeting(s) with the parties

The Mediation Day



Follow-up Support

Follow-up support at 1,3,6,9 & 12 months to check in 8 help sustain progress



















Download Here >

Download Here >

Download Here >

Download Here >











- info@carvercoaching.co.uk
- <u>carvercoaching.co.uk</u>
- in <u>linkedin.com/in/lisa-carver</u>
- @carvercoaching

